

ASSOCIATION of BALTIMORE CITY



ABC

PUBLIC SCHOOL RETIREES, Inc.

PSR

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BALTIMORE, MARYLAND 21209

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ASSOCIATION of BALTIMORE CITY



ABC

PUBLIC SCHOOL RETIREES, Inc.

PSR

VOLUME 45, NUMBER 2

SPRING 2016

newsletter

2016 MEETING SCHEDULE

March 14, 2016
Meeting

April 11, 2016
Meeting

May 3, 2016
ABCPSR Spring Luncheon
The Forum

May 10, 2016
MRSPA Business Luncheon
Turf Valley Resort and
Conference Center

June 13, 2016
Executive/Advisory Committee
Closing Activity, TBA

June 11, 2016
ABCPSR Crab Feast
Columbus Gardens

June 29, 2016
New Members Meeting, TBD

*All meetings will be held on the 2nd
Monday of the month, Baltimore
Polytechnic Institute, Room 111.*

Meetings begin at 10:00 a.m.

*If there are any changes, you will be
notified. Anyone unable to attend
a meeting is asked to notify the
President at 410-323-7080.*

President's Message



Greetings ABCPSR Members,

Welcome to 2016. I hope that the first two months of this new year have been relaxing, peaceful, and rewarding for you. We are blessed to have survived the Blizzard of 2016 in January, and are looking forward to flowers blooming and warmer days in the spring.

MRSPA Community Service Committee is requesting your assistance in nominating one individual and one local association service project, completed in 2015-2016 year for the MRSPA Community Service awards, to be presented at the Annual Business Meeting on May 10, 2016. I have the forms and the forms also are available on the MRSPA web site under documents and Community Service Committee. Please submit nominations to MRSPA on or before April 1, 2016.

ABCPSR Annual Spring Luncheon will be held on May 3, 2016 at The Forum Caterers. The speaker for our Spring Luncheon will be Ryan Kaiser, Baltimore City Teacher of the Year and also, Maryland Teacher of the Year. Come join us, bring a friend, and a new retiree.

Janet K. Williams, ABCPSR member and Area II Director, is a nominee for Vice-President of MRSPA. Election will be held at May 10, 2016 Annual Business Meeting. Good luck Janet from ABCPSR.

Judith A Zahren, Executive Director, MRSPA plans to retire effective July 1, 2016. ABCPSR would like to thank Judith for her support. We wish her the very best in her retirement.

Save the Dates:

1. Baltimore City Mayoral Primary Election – April 26, 2016
2. ABCPSR Annual Spring Luncheon Business Meeting – May 3, 2016
3. MRSPA Annual Business Meeting – May 10, 2016

Life is not a "brief candle." It is a splendid torch that I want to burn as brightly as possible before handing on to future generations.

George Bernard Shaw

Peace and Blessings!

Velma C. Hicks

Save the Dates!

SPRING LUNCHEON – May 3, 2016, The Forum
ABCPSR CRAB FEAST – June 11, 2016, Columbus Gardens

LUNCHEON CO-CHAIRS

DOROTHY GLASCO-JONES JOYCE WILSON

NEWSLETTER CO-EDITORS

ANNA BOSTON CAROLYN BOSTON JOYCE WILSON

CHANGE OF ADDRESS NOTICE

(Please Print)

Your Name _____

Previous Address _____

New Address _____

Mail to: Angela Hill, 3320 W. Rogers Ave., Baltimore, MD 21215

MRSPA

The only organization that works to preserve the pensions of Baltimore City Public School Retirees. Fifty dollars (\$50.00) covers your membership in MRSPA and ABCPSR. You may join through dues deduction. MRSPA: 8379 Piney Orchard Parkway, Odenton, MD 21113 410.551.1517 Current ABCPSR President's contact number: 410.323.7080



RSVP – An Invitation to Serve

Lead With Experience

The Corporation for National and Community Service provides grants to qualified agencies and organizations, including RSVP, for the dual purpose of engaging persons 55 and older in volunteer service to meet critical community needs; and to provide a high quality experience that will enrich the lives of volunteers.

Who Is Eligible for RSVP?

Individuals that are 55 and older, want to serve in Baltimore City and want to make a difference.

RSVP Volunteer Opportunities

Companionship and Outreach, Mentoring, Health and Other Education, Helping Seniors Living Independently, Senior Center Programs, Community Revitalization and Improvement, Disaster Preparedness, Serving Meals to Seniors, Delivery of Health Care Services, Food Collection and Distribution, and Marketing and Recruitment.

Benefits of Volunteering

Free volunteer placement, use your experience skills, gain new and marketable skills, supplemental accident and liability insurance, opportunity to meet new people, training opportunities, reimbursement for transportation, recognition and incentives, and the satisfaction of knowing you are making a difference.

**For More Information, Call RSVP 410-361-9400
or Daphne C. Hicks 410-361-9401**



FINANCIAL REPORT

REPORT DATE: February 8, 2016

WORKING ACCOUNTS

	Monthly Interest				
MECU Share Savings	\$ 0.07	\$ 406.97	\$ 407.04		1/31/16
MECU Checking Account (On the Books)		\$ 21,770.72	\$ 21,770.72		2/8/16
MECU Money Market	\$ 0.53	\$ 3,109.17	\$ 3,109.70		1/31/16
TOTAL WORKING ACCOUNTS		\$ 25,286.86	\$ 25,287.46		2/8/16

INVESTMENT ACCOUNTS

	Maturity Year	Interest	Dividend Rate			
SECU Business Money Market		\$ 8.73	0.65%	\$ 15,850.70	\$ 15,859.43	1/31/16
SECU Business Checking				\$ 89.00	\$ 89.00	1/31/16
SECU Business Share Savings			0.00%	\$ 10.14	\$ 10.14	1/31/16
SECU 36 Month Savings CD(2147)	7/15/16	\$ 39.82	1.00%	\$15,804.83	\$ 15,844.65	1/31/16
SECU 36 Month Savings CD(2155)	7/15/17	\$ 40.62	1.00%	\$ 16,121.20	\$ 16,161.82	1/31/16
MECU 36 Month Bump Up CD	7/16/18		1.00%	\$ 15,969.07	\$ 15,969.07	1/31/16
TOTAL INVESTMENTS				\$ 63,844.94	\$ 63,934.11	12/31/15
Baltimore Community Foundation				\$ 32,418.83	\$ 32,418.83	12/31/15
TOTAL ASSETS				\$ 121,550.63	\$ 121,640.40	2/8/16

ASSOCIATION OF BALTIMORE CITY PUBLIC SCHOOL RETIREES, INC.

INVITES YOU TO OUR SCHOLARSHIP FUNDRAISER 3rd ANNUAL CRAB FEAST

**SATURDAY, JUNE 11, 2016
2:00 P.M. – 6:00 P.M.**



**COLUMBUS GARDENS
4301 Klosterman Avenue
Nottingham, MD 21236
(OFF THE 8400 BLOCK OF BELAIR ROAD)**



**DONATION: \$60.00 PER-PERSON
MAKE CHECKS PAYABLE TO ABCPSR, INC.**

* TICKETS WILL NOT BE SOLD AT THE DOOR*

Adults Only

**VENDORS, LINE DANCING, DOOR PRIZES,
SINGING & DANCING TO YOUR FAVORITE VARIETY OF OLD SCHOOL MUSIC**

BUFFET MENU

STEAMED CRABS

FRESH SALAD BAR

**CHOICE TOP ROUND OF BEEF, VIRGINIA BAKED HONEY HAM, MARYLAND CRAB SOUP,
BEEF BARBEQUE, BARBEQUE CHICKEN, CATFISH TENDERS, STRING BEANS IN ONION GRAVY,
PENNE PASTA AND MEATBALLS**

ASSORTED BREADS

RYE BREAD, WHEAT BREAD, WHITE BREAD, FRENCH DINNER ROLLS

DESSERT

ASSORTED SHEET CAKE

PREMIUM OPEN BAR and ASSORTED BEVERAGES

**FOR TICKET INFORMATION
Chairperson - Joyce Bowyer 410-496-3594**

PRESIDENT: VELMA C. HICKS

ASSOCIATION of BALTIMORE CITY



ABC
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PUBLIC SCHOOL RETIREES, Inc.

2016 Spring Luncheon

Tuesday, May 3, 2016

The Forum, 4210 Primrose Ave., Baltimore, Maryland 21215

11:00 MEET & GREET 11:30 PROGRAM 12:00 NOON LUNCH

Menu

Appetizer: California Style Mixed Greens w/Mandarin Oranges; **Entrée:** Southern Fried Chicken OR Baked Chicken, Baked Tilapia, Creamy Whipped Potatoes w/Gravy; Southern Style Green Beans; **Dessert:** Yellow Cake w/Chocolate OR Vanilla Icing; Hot and Cold Beverages

COST: \$35.00pp / \$30.00pp for New Members and Choir Members

SEND RESERVATIONS TO: Dorothy Glasco-Jones, 202 Oak Leaf Way

Baltimore, MD 21227 (410-536-5715).

ALL PAYMENTS ARE DUE BY APRIL 19, 2016.

Please make checks payable to: ASSOCIATION OF BALTIMORE CITY PUBLIC SCHOOL RETIREES, INC. or (ABCPSR)

TABLE ORGANIZER _____ PHONE _____

Please indicate choice for chicken below. Baked Chicken "B" OR Fried Chicken "F"

Name	Chicken	Name	Chicken
1		6	
2		7	
3		8	
4		9	
5		10	

NOTE: TO BE SEATED TOGETHER CHECKS MUST BE SENT TOGETHER BY TABLE ORGANIZER. SPECIAL DIETARY NEEDS SHOULD BE NOTED ON RESERVATION.

NOMINATING COMMITTEE REPORT

The election of officers for ABCPSR is held on an annual basis following the schedule below:

President, President-Elect, Secretary and two Members-at-Large are elected during an odd year to serve a two-year term and may be re-elected to another two-year term.

Two Members-at-Large are elected during an even year to serve a two-year term and may be re-elected to serve another two-year term.

The Treasurer and Assistant Treasurer are elected to serve a three-year term and are eligible to be re-elected to serve another three-year term.

This year, an even year, two Members-at-Large are eligible for re-election to another two-year term. The Treasurer and Assistant are eligible for re-election to serve another three-year term, from 2016 to 2019.

The Nominating Committee submitted to the Executive Committee the following Slate of Officers to be voted on at Annual Business Meeting on May 3, 2016.

Mary Hughee	Member-at-Large	2016 - 2018
Phyllis Purnell	Member-at-Large	2016 - 2018
Herbert Miller	Treasurer	2016 - 2019
Clifford Rosenberg	Assistant Treasurer	2016 - 2019

Please note the following information:

Nominations may be named from the floor at the Annual Business Meeting by any member who has presented to the Chairperson of the Nominating Committee a written statement of the nominee's willingness and eligibility to serve if elected. ARTICLE VII. Section 2 of the By-Laws of the Association of Baltimore Public School Retirees.

The election will take place at the Spring Luncheon on May 3, 2016, at The Forum.

Submitted by:

Flora G. Johnson, Nominating Committee Chairperson

Donnell Lockhart, Phyllis Purnell, and Beverly Reid, Nominating Committee Members

KUDOS

Freedom in Congo Square is a story that tells how slaves living in 1800's New Orleans worked toward a precious half-day of short-lived freedom on Sundays at Congo Square.

The illustrator, R. Gregory Christie's paintings help the reader feel the slave's suffering, exhaustion, and undeniable hopelessness.

The author, Carole Boston Weatherford published her first book, Juneteenth Jamboree in 1995, and has written 46 more books since then. She has earned a Caldecott Honor, the Coretta Scott King Award, and a NAACP Image Award.

Mrs. Weatherford credits her appreciation for art when, as a child, she visited museums, the symphony, and other venues with her parents. Her mother, Carolyn Boston has served ABCPSR for many years and in several capacities: as a member, president, and for many years, co-editor of our newsletter. Kudos to Carolyn Boston!

Submitted by:

Sara Jerkins, Parliamentarian

LEGISLATIVE NOTES

The MRSPA Legislative Committee was represented at the United Seniors of Maryland's 39th Annual Legislative Forum held on February 3, 2016, in Annapolis, Maryland. The main focus for the group from Baltimore was House Bill 262. This Bill concerns the Senior Citizen Activities Center Operating Fund – funding and distribution.

The purpose of this caucus is to make the legislators aware that seniors are united around certain issues and to convince them to support our concerns and educate them on these concerns.

About 100 citizens from Baltimore City and only three legislators attended the meeting. They were Senator Catherine Pugh, District 40, Senator Bill Ferguson, District 46, and Senator Mary Washington, District 43. They each had about five minutes to speak and answer questions. The legislators had to leave for another meeting. The two other speakers were Andrew Ross, Department of Aging and Ted Gross, Director of Govans Ecumenical Development Corporation.

Phyllis Purnell was the moderator for Baltimore City. Most of the Baltimore Coalition represented Senior Centers. The main concerns were seniors are not being counted accurately by census takers and the need for better transportation for the centers. The reasoning, if the census is incorrect the funding will not be adequate.

Keep these numbers handy and feel free to use them:

STATE: MD General Assembly – 1-800-492-7122

FEDERAL: House of Representatives – 202-224-3121
U.S. Senate – 202-224-3121

Feel free to call with your concerns

Submitted by:

Phyllis Purnell, Legislative Co-Chair

COMMUNITY OUTREACH AWARD

Purpose:

- To discuss and explore programs, services and student based areas that would benefit the most from The Association of Baltimore City Public School Retirees; monetary contributions.
- To invite Baltimore City public school personnel to submit written proposals including their projected use of funds.

After the presentation of funds, a follow-up report is required from the recipient(s) indicating the results obtained from the funds allocated.

Contact: Donnell Lockhart, Committee Chair, (410)435-8614

Email: donnelllockhart@outlook.com



MEMBERSHIP COMMITTEE

Our current membership is 1,033. Please reach out to friends and retirees of Baltimore City Public Schools to encourage them to join us. We have a voice in our state legislative process to change and secure our pensions and other retirement benefits. We are as strong as our numbers.

Members who were cancelled for non-payment in November 2015, and who have not rejoined, will receive a Former Member letter in the month of February 2016. If they choose to rejoin and change to dues deduction, there will be a one-time \$10 reduction in state dues.

Submitted by:

Angela Hill, Membership Committee Chair

MEMBER BENEFITS

Consumer Reports

Did you know that your medication could suddenly shoot up in price? To prevent this shocker before choosing a health plan, check its formulary to see which drugs are covered. This is essential if you have a chronic condition such as diabetes or rheumatoid arthritis. These conditions require you to regularly take medications. You'll get the lowest out-of-pocket costs when you buy generic drugs, usually called "Tier 1." In addition, when your doctor writes a prescription, ask how much it costs, is there a low-cost generic available, and whether it's covered by your insurance.

If it happens to you anyway ask for an exception. An exception can be obtained from your insurer. You should also shop around. Costco, in particular, often has low drug prices. Last, try negotiating with the pharmacist.

Submitted by:

Dorothy Glasco-Jones

FYI

Your Risk for Metabolic Syndrome

Do You Have Metabolic Syndrome?

If you have 3 or more of the following risk factors, then you have the metabolic syndrome and are at greater risk of developing heart and other vascular diseases, type 2 diabetes, and having a stroke.

- 1) **Your waist is greater than 35 inches**
- 2) **Your triglycerides are higher than 150 mg/dL**
- 3) **Your HDL (good cholesterol) is less than 50 mg/dL**
- 4) **Your blood pressure is higher than 130/85 mm Hg**
- 5) **Your fasting blood sugar is higher than 100 mg/dL**

Talk to your health care provider to learn more.

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